myndfl
Mental Health

CAREERS AT MYNDFL
95 Revere Drive, Suite B
Northbrook, IL 60062
myndfl.space

Licensed Dance/ Movement Therapist

Working with what the body already knows

Northbrook, IL · In person | Full-time or part-time | R-DMT or BC-DMT + IL counseling or social work license

About Myndfl

Myndfl is a trauma-informed mental health practice in Northbrook, Illinois, for people who have done real work in therapy and still can't get to what's underneath. Founded in 2024 by Shari Kalik-Miller, JD, MS, LCPC, CCMHC, and built with co-founder Sheri Khan, LCPC, the practice specializes in ketamine-assisted psychotherapy (KAP) and body-based therapies for complex trauma, treatment-resistant depression, substance use and grief.

Our mission is to help people become comfortable in their skin. We're a unique, curated group, building one trauma therapist at a time.

The role

Many of the people we see understand what happened and why, yet their bodies still brace, tighten or shut down. Some experiences are hard to put into words. You'll give them another way in.

As our Dance/Movement Therapist, you'll use movement, breath, rhythm and embodied awareness to help clients find their way back to safety, presence and ease. You'll work alongside therapists, psychiatric providers and KAP clinicians so that therapy, psychiatry and body-based care are coordinated in one place.

What you'll do

- Provide individual dance/movement therapy for adults living with complex trauma, anxiety, depression, grief and substance use
- Lead movement-based and somatic groups, paced slowly and grounded in nervous-system safety
- Complete trauma-informed assessments and build movement-informed treatment plans with each client
- Support KAP and psychedelic integration with embodied, body-based processing
- Collaborate with the clinical team on case consultation and coordinated care
- Keep timely, accurate clinical documentation in line with Illinois and HIPAA standards
- Help shape Myndfl's body-based programming as we grow

What you bring

- Master's degree in dance/movement therapy, or a related clinical field with ADTA-approved alternate-route training
- R-DMT or BC-DMT credential through the Dance/Movement Therapy Certification Board
- Active Illinois counseling or social work license (such as LCPC, LPC, LCSW or LSW) for billing insurance when needed
- Experience with trauma and nervous-system-informed practice
- Comfort working with adults and groups, in a collaborative setting
- Clear clinical judgment, good boundaries and a steady, warm presence

Nice to have

- Training in somatic approaches (Somatic Experiencing, Sensorimotor Psychotherapy or similar), EMDR or parts work
- Interest in, or experience with, ketamine-assisted or psychedelic-assisted psychotherapy
- Experience serving LGBTQIA+ clients and people in substance use recovery
- Approved clinical supervisor status, or interest in mentoring interns

Why Myndfl

Do amazing work. Change the future of mental healthcare. Be home in time for dinner.

A team behind you

Collaborating with gifted therapists, with guidance and support when you need it.

Room to build

The space to build your practice the way you want, in a purpose-built space in Northbrook.

Respected and rewarded

Feeling respected, valued and rewarded for your work. Compensation is commensurate with experience.

Something special

Help build the standard for trauma-informed care, one provider at a time.

Our values

These aren't aspirations. They're the principles we built this practice on.

Candor
We say the hard things

Compassion
Kindness starts with ourselves

Curiosity
We stay students

Honesty
Truth isn't conditional

Authenticity
What you see is what you get

Accountability
We own our mistakes

Transparency
No hidden agendas

Resilience
We grow through friction

Let's get into it

Send your résumé and a short note about how you work with the body to **hello@myndfl.space** with "Dance/Movement Therapist" in the subject line. Questions? Call (708) 247-5646 or visit **myndfl.space/careers**.

Myndfl is an equal opportunity employer. We welcome clinicians of all backgrounds, identities and bodies.