



Position Title: Social Emotional Learning/Mental Wellness Consultant
Reports To: Chief Executive Officer (CEO)
Status: Part-Time Consultant
Location: Boys & Girls Club of New Rochelle, New York

Boys & Girls Club of New Rochelle Mission

To enable all young people, especially those who need us most to reach their full potential as productive, caring, responsible citizens.

Boys & Girls of New Rochelle Organization

Founded in 1929, the Boys & Girls Club of New Rochelle (BGCNR) has been a place of hope and opportunity serving thousands of youths and has been an integral part of the New Rochelle community, offering youth safe and achievement-driven programming, focused on the whole child, encompassing academics, mental wellness, fitness, leadership, and civics.

Today, we serve over 12,000 youth each year, at two clubhouses and 12 school-sites. We offer after-school, before-school, elective, and summer programming designed to maximize positive impact and drive successful outcomes.

It is an exciting time to be at the BGCNR as we continue to expand school-sites in New Rochelle, Larchmont, Mamaroneck, introduce and expand innovative programs and activities, grow high need areas (health and mental wellness, STEAM/STEM, workforce development).

General Position

The role of the **Social Emotional Learning/Mental Wellness Consultant** is to identify and implement strategic opportunities to serve the growing needs of Social Emotional Learning/Metal Wellness for our children, teens, families and staff within our Clubhouses, School-Sites and Communities. The individual will partner with educational institutions, counseling centers and community organizations to provide guidance and support in developing essential social and emotional skills.

Key Position Responsibilities

Collaborates with CEO, Chief Program Officer, Board, and Boys & Girls Leadership team to develop and implement plans including strategic framework, systems and processes to accommodate the rapid growth objectives and needs of its community in the Social Emotional Learning and Mental Wellness area.

- **Individual Counseling:** Provide 1 on 1 counseling sessions to students to address their emotional and social needs. Assist in developing coping strategies, emotional regulation techniques and problem-solving skills.
- **Group Workshops:** Plan and conduct group workshops or classroom sessions focused on various topics such as empathy, communication, conflict resolution, self-esteem, and stress management.



- **Curriculum Development:** collaborate with staff/interns to create SEL curriculum that aligns with developmental needs of students. Design engaging activities and lesson plans to enhance emotional intelligence.
- **Assessment:** Administer assessments or surveys to evaluate the social emotional needs of members.
- **Crisis Intervention:** Provide immediate support to students facing crisis, such as emotional distress, trauma or challenges.
- **Parent/Teacher collaboration:** Communicate regularly with parents, teachers, and other stakeholders to share insights on student progress, emotional well-being, and strategies for continued support.
- **Advocacy:** Raise awareness of the importance of emotional and social well-being, in academic and personal success.
- **Documentation:** Maintain accurate and confidential records of counseling sessions, assessments, and interventions according to ethical and legal standards.
- **Become a Field Practicum:** Support and guide social work interns from various colleges and universities. Commit to weekly one hour supervision (group or individual).

Required Knowledge, Skills and Abilities

- Master's degree in social work, counseling or other related field with 3-5 years of experience preferred.
- State licensure or certification as a counselor or therapist.
- Excellent communication and interpersonal skills.
- Strategic thinking in framing and implementing social emotional learning, mental wellness and youth development plan.
- Problem-solving and conflict resolution skills.
- Strong understanding of social and emotional development across different age groups.
- Empathy, patience, and the ability to build rapport with individuals of diverse backgrounds.
- Previous experience in designing and facilitating workshops or group sessions.
- Experience working with children, adolescents or individuals in a counseling capacity is preferred.
- Goal-oriented and thrives in an environment of accountability and continuous improvement.
- Highly entrepreneurial, resourceful, and flexible; ability to work in a hands-on environment.
- Experience with budgeting, planning and project administration and management.
- Ability to negotiate pricing and contract terms and manage partners and vendor contracts.
- Excellent ability to follow up and follow through on all responsibilities, initiatives, and projects.
- Excellent ability to meet all deadlines, both required and self-imposed.
- Ability to interact professionally with Club staff, Board members, volunteers, and other related agencies.
- Proficient in MS Office Suite including MS Word, Excel, PowerPoint, and Outlook.
- Ability to pass background screening.

The Boys & Girls Club of New Rochelle is an EOE/employer, offering excellent benefits and a competitive salary commensurate with experience depending on experience \$42 to \$50 per hour.

Send cover letter and resume to Becky Mazzanobile, CEO bmazzanobile@bgcncr.org .