



Recreation Therapist

Department of Parks and Recreation

Working under the general direction of the Therapeutic Recreation Specialist, the Recreation Therapist develops and oversees inclusive, adaptive recreation programs for children and adults with disabilities. This role manages program development, participant assessments, staff supervision, budgeting, equipment, and community outreach.

Essential functions include, but are not limited to:

- Plan, coordinate, and supervise year round recreation programs for children and adults with disabilities
- Lead and oversee inclusive and adaptive recreation, leisure, athletic and educational programs
- Conduct intake assessments for participants and provide referrals to appropriate programs based on needs
- Supervise part time, seasonal staff, interns and/or volunteers
- Serves as a liaison with community agencies, town departments, and nonprofit organizations to coordinate and promote programs
- Manage program budgets, expenses and equipment/supplies. Pursue grants and funding opportunities to support adaptive programs and scholarship initiatives
- Maintain CTRS certification and implement inclusion and therapeutic recreation standards in all programs

Minimum qualifications include

- Bachelor’s Degree in Therapeutic Recreation or related Recreation field, or equivalent combination of education and experience
- Certified Therapeutic Recreation Specialist
- 2 + years of recreation experience; preferable with individuals with disabilities
- Valid driver’s license; CPR/First Aid preferred
- Strong communication, organization, and interpersonal skills
- Ability to supervise staff and multitask
- Moderate to strenuous effort required periodically in the field; be able to lift and/or move objects weighing up to 60lbs

This is a full-time, 35 hours per week, union position within the Burlington Municipal Employees Association bargaining unit. Hours are as follows: Tuesday – Saturday: 8:30am – 4:30pm

Salary is within Grade 10, of the BMEA contract, offering annual step increases via step system. Pay starts at \$40.01/hour, with comprehensive & generous benefits.

Anticipated Start Date: July 1, 2026

Benefits include

Health and Dental Insurance
Paid Time Off - vacation, sick, personal, holiday
Pension Plan

Applications received by April 21, 2026 will receive first consideration. Position will remain open until filled.

Please note: MA General Laws mandate that any individual having direct contact at any time with either children or senior citizens be subject to CORI screening by the Criminal History Systems Board. Any conditional offer of employment is contingent upon acceptable CORI results.

Burlington is an Equal Opportunity Employer

Recognizing that applicants won’t meet 100% of the requirements, we consider comparable qualifications - don’t hesitate to apply!

Apply at <https://burlington.catson.com/careers> (preferred)

Alternatively, applications may be obtained at Town Hall or at www.burlington.org and directed to:

HUMAN RESOURCES • 29 CENTER STREET • BURLINGTON, MASSACHUSETTS 01803

www.burlington.org • hr@burlington.org • TEL (781) 505-1160 • FAX (781) 238-4696

